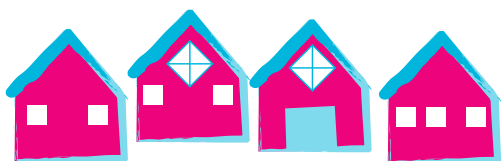


SWIM, BIKE AND RUN COURSE RECORDS - MEN

Fastest Swim Times			Fastest Cycle Times			Fastest Run Times		
YEAR	MALE	TIME	YEAR	MALE	TIME	YEAR	MALE	TIME
2009	Pete Jacobs	21.52	2009	Luke McKenzie	2.05.42	2009	Pete Jacobs	1.14.16
2008	Pete Jacobs	22.50	2008	Matt Illingworth	2.06.26	2008	Peter Loveridge	1.14.30
2007	Pete Jacobs	23.16	2007	Adam Conquest	2.07.22	2007	Peter Loveridge	1.15.11
2006	Pete Jacobs	25.19	2006	Mitchell Anderson	2.07.08	2006	Tim Berkel	1.18.31
2005	Pete Jacobs	24.32	2005	Adam Conquest	2.18.36	2005	Pete Jacobs	1.18.03
2004	Blythe Hartnett	23.41	2004	Jason Shortis	2.15.31	2004	Courtney Ogden	1.17.40
2003	Steven Bishop	25.46	2003	Stefan Kolm	2.16.46	2003	Brendan Stanford	1.24.27
2002	Steven Bishop	26.36	2002	Mitchell Anderson	2.19.14	2002	Dave Boyes	1.23.20
2001	Steven Bishop	25.06	2001	Richard Baron-Hay	2.32.08	2001	Jon Kappler	-----
2000	Erik Johnsen	25.13	2000	Timothy Roberts	2.13.45	2000	Timothy Ogden	1.16.27
1999	Andy Hughes	27.20	1999	Richard Baron-Hay	2.11.03	1999	Raf Baugh	1.11.26
1998	Andy Hughes	25.25	1998	Courtney Ogden	2.07.18	1998	Todd Ingraham	1.12.00
1997	George Atkinson	26.56	1997	Andrew Peterson	2.03.24	1997	Des Besanko	1.10.30
1996	Michael Reed	24.20	1996	Andrew Peterson	2.02.19	1996	Warren Milward	1.12.01
1995	Steve Mellsop	24.32	1995	Matt Lucas	2.02.04	1995	Matt Brabam	1.12.01
1994	Steve Mellsop	24.26	1994	Rob Pickard	2.03.26	1994	George Law	1.13.22
1993	Stefan Kolm	24.26	1993	Rob Pickard	2.01.25	1993	Warren Milward	1.12.04
1992	Stefan Kolm	23.08	1992	Rob Pickard	2.01.40	1992	Stefan Kolm	1.09.55
1991	Stefan Kolm	25.15	1991	Rob Pickard	2.07.02	1991	Peter Trench	1.12.01
1990	Peter Trench	26.57	1990	Rob Pickard	2.07.41	1990	Peter Trench	1.12.13
1989	Peter Trench	25.32	1989	Rob Pickard	2.07.04	1989	Peter Trench	1.17.53
1988	Rob Pickard*	27.23	1988	Rob Pickard	2.04.24	1988	Stuart Gee	1.13.10
1987	Greg Mickle	20.43	1987	Todd Voss	2.18.34	1987	Simon Beaumont	1.19.28
1986	Greg Mickle	22.57	1986	Stuart Gee	2.19.34	1986	Stuart Gee	1.17.06
1985	Greg Mickle**	23.52	1985	John Hughes*	1.28.05	1985	R. Pestell **	1.16.36
1984	Paul Robinson**	20.43	1984	Gerard O'Neill	1.32.53	1984	Paul Robinson **	1.19.19



SWIM, BIKE AND RUN COURSE RECORDS - WOMEN

Fastest Swim Times			Fastest Cycle Times			Fastest Run Times		
YEAR	FEMALE	TIME	YEAR	FEMALE	TIME	YEAR	FEMALE	TIME
2009	Anna Forgione	24.28	2009	Lisa Marangon	2.24.01	2009	Charlotte Paul	1.27.20
2008	Rachel Harris	25.02	2008	Rebekah Keat	2.23.08	2008	Claire Goldsmith	1.20.57
2007	Allison Hass	25.11	2007	Lisa Marangon	2.17.22	2007	Maree Hryniuk	1.20.50
2006	Kylie English	28.13	2006	Angela Milne	2.25.41	2006	Claire Goldsmith	1.25.47
2005	Belinda Granger	27.30	2005	Belinda Granger	2.28.52	2005	Kirra Rankin	1.25.02
2004	Elbie Holden	25.17	2004	Belinda Granger	2.32.31	2004	Rebekah Keat	1.27.00
2003	Kylie English	28.15	2003	Ebony Malone	2.35.14	2003	Lauren Shelley	1.27.24
2002	Belinda Halloran	28.25	2002	Angela Milne	2.29.03	2002	Angela Milne	1.27.33
2001	-----	-----	2001	-----	-----	2001	Theresa Martin	1.29.05
2000	Kristy McGrath	30.54	2000	Loretta Wesley	2.31.04	2000	Debra Casey	1.25.51
1999	Danielle Glass	31.30	1999	Danielle Glass	2.25.21	1999	Danielle Glass	1.25.33
1998	Daniele Glass	28.38	1998	Danielle Glass	2.17.17	1998	Karen Sitko	1.19.11
1997	Jody Purcell	29.47	1997	Robin Roocke	2.20.26	1997	Theresa Martin	1.19.32
1996	Karen Sitko	27.12	1996	Karen Sitko	2.21.59	1996	Karen Sitko	1.18.42
1995	Sue Curtis	24.26	1995	Angela Milne	2.20.33	1995	Margaret Allen	1.24.28
1994	Sue Curtis	25.10	1994	Robyn Scott	2.22.17	1994	Theresa Martin	1.20.43
1993	Rene DeVoogd	30.34	1993	Loretta Garrett	2.16.50	1993	Loretta Garrett	1.21.47
1992	Pauline Teis	25.04	1992	Loretta Garrett	2.14.10	1992	Loretta Garrett	1.20.30
1991	Pauline Teis	26.37	1991	Loretta Garrett	2.22.10	1991	Loretta Garrett	1.21.34
1990	Karen Sitko	31.09	1990	Loretta Garrett	2.22.03	1990	Loretta Garrett	1.23.05
1989	Bridget McArthur	31.13	1989	Loretta Garrett	2.26.50	1989	Loretta Garrett	1.24.11
1988	Sue Collins*	25.40	1988	Sue Campbell*	2.30.13	1988	Sue Collins*	1.32.02
1987	Sue Collins	23.20	1987	Sue Collins	2.57.42	1987	Sue Collins*	1.47.08
1986	Sue Campbell	30.50	1986	Sue Narbey	2.38.01	1986	Sue Campbell	1.37.06
1985	Carol Pickard**	26.47	1985	Carol Pickard**	1.47.42	1985	Carol Pickard**	1.34.06