

Pre Busso – Workshops - Clinics- Events

Busselton Half Ironman Saturday May3 2008

Activity & Date	Location & Time	Triathlete
Wednesday 30/4 CEPT - Long Course Power CEPT- Long Course Recovery	<u>Triathlon Seminar</u> Challenge Stadium Auditorium 6.00 -8.00 pm \$2.00 entry	Mitch Anderson 6-7pm Kristian Manietta 7-8pm
Thursday 1/5 School Visits Bunbury & Busselton High Schools	Bunbury 10.40am Busselton 1.15pm	Various elite competitors
Friday 2/5 <u>12.00</u>	Expo Open til 9pm	-----
Friday 2/5 <u>12.00</u> Swim Clinic –Open Water & 500 mtr swim	Busselton Jetty 12.00 noon-12.55pm FREE	Jason Shortis Peter Jacobs Lisa Marangon
Friday 2/5 <u>1.15</u> Run Clinic – getting to max off the bike	Oval next to Race area –South side 1.15pm – 2.15pm FREE	Charlotte Paul Peter Loveridge Josh Rix
Friday 2/5 <u>4.20pm</u> Kids Tri Race	Starting at Georgette St Carpark Free entry 8-15yo	Various Elite competitors will be presenting the finishers medals
Friday 2/5 <u>5.45pm</u>	TransitionWear Magic Mile - Dash for Cash starting on Geographe Road	-----
Friday 2/5 <u>9.00pm</u>	Registration & Expo closes	-----
Sunday 4/5 <u>9.00am</u>	Presentations in Race Village Area	Various elite competitors